

USA Powerlifting Certificate Request Form

Any USAPL Record or Result

Lifter Name _____

Lifter State _____

Web Site Record Confirmation _____

Mailing Address

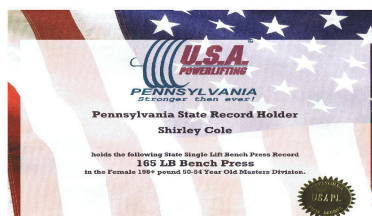
Weight Class _____

Division _____

Circle One of the Following Types of Record

Powerlifting Record Single Lift Record Custom _____

Choose Style of Certificate (X)



Qty _____

Mail to Steve Mann PO Box 495 Chinchilla, PA 18410	Cost \$8 per certificate Shipping \$2 Enclosed Amount: _____
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Pennsylvania State Record Requirements

- 1) It must be completed in a sanctioned USAPL event
- 2) Lifter must weigh-in the day of the competition (no early weigh-ins)
- 3) Lifter must live in the State of Pennsylvania. This is determined by the mailing address on membership card.
- 4) Lifters can break records in age division categories, regardless of division entered. Example a 40 year old lifter can break Masters 40-44 year old record, even if he has entered in the open division.
- 5) Lifters cannot break category records unless they are entered in that division. Example: A teenage lifter can't break a HS record, unless he/she is entered in the HS division. Example 2: A lifter can't break Police and Fire record unless they are entered in the Police and Fire division.

Additional Bench Single Lift State Record Requirements

- 1) Pennsylvania Single Lift Bench Records Began March 2003. Events prior to that are not counted.

Additional Deadlift Single Lift State Record Requirements

- 1) Pennsylvania Single Lift Deadlift records began March 2004. Events prior to that are not counted.