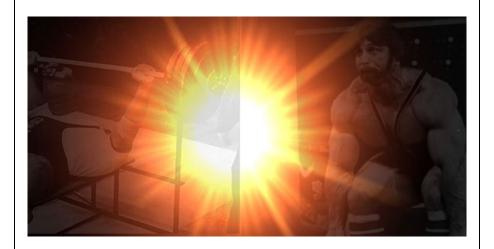
2013 USAPL "Outdoor" Sizzling Summer Bench And Deadlift Championships



August 10th, 2013



Location: Chinchilla Fire Hall, 113 Shady Lane Road, South Abington, PA 18411

Weight Classes (Open Weight Classes):

Men's Classes: 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+ Women's Classes: 105, 114, 123, 132, 148, 165, 181, 198, 198+

Sub-Junior / Teenage Weight Classes:

Men's Classes: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+ Women's Classes: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Requirements/Eligibility Requirements: Must be a registered USAPL Member (memberships sold at weigh-ins. No qualifying totals required.)

Trophies: All divisions will be awarded trophies for the top 3 lifters, by weight class. Bench and Deadlift will have separate awards.

Raw Definition = Singlet, belt, commercial knee sleeves (example. rehbands) and wrist wraps.

Schedule:

Saturday Aug. 10th, 2013 – 9:00 - 10:30 – Weigh-In / Equipment Check 10:30 - 10:40 – Rules Clinic 11:00 PM – 5:00 PM - Lifting

Eligibility: Lifters must be registered with the USAPL and must be drug free by the definition of the USAPL. At least 10% of the lifters will be drug tested. USAPL cards will be available at the meet.

Can I just Bench? Yes, in the Bench Only Division
Can I just Deadlift? Yes, in the Deadlift Only Division
Can I lift Raw? Yes, we offer both geared and raw lifting at our events, approximately 65% of USAPL PA lifters, lift raw.

More Info at http://www.purepowerlifting.com

Name:		Age:		
Date of Birth/_				
Address: Street				
City				
Male or Female				
Raw or Equipped Raw Definition = Singlet, belt, knee sleeves (ex. rehbands) and wrist wraps				
Event(s):	i, beit, knee steeves (ex.	renoanas) ana wrtsi wraps		
Bench Press Only	(\$40)			
Deadlift Only(\$40)				
BP & DL (Single Lift)(\$65)				
Ironman (combined BP/DL) & BP & DL (Single Lift) (\$90)				
Division: (Select One, \$25 Per Additional Division)				
Open	Youth 10-11			
Sub-Jr. 14-15	Youth 12-13			
Sub-Jr. 16-17	Masters 40+			
Sub-Jr. 18-19	Masters 50+			
Junior 20-23	Masters 60+			
Special Olympian	Pol/Fire/Mil			
HS	Collegiate			

T-Shirt Size	Weight	Class (Check One)
Small (\$12)	97*	181
Medium (\$12)	105	198
Large (\$12)	114**	198+
XL (\$12)	123	220
2XL (\$15)	132	242
3XL (\$20)	148	275
	165	275+

***** Make Checks Payable to "Steve Mann" ****** Postmark Entry Deadline July 10th, 2013

Mail Entries To: PurePowerlifting PO Box 495 Chinchilla, PA 18410 Entry Fee: \$40 per event/ division, \$25 per additional division

LATE FEE +\$25! No Refunds

Release from Liability Read this carefully. When you sign it you will be giving up important legal rights.

In consideration of the acceptance of my entry form in this powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected. including but not exclusively USA Powerlifting, Steven T. Mann, Pure PurePowerlifting.com, the spotters, the loaders, the facility owners, the referees and equipment manufacturers, with this competition from any and all liability, including any result of negligence, which may arise from this competition. Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength inducing drugs SHALL BE CONCLUSIVE. This is, whether I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy or award, which I might otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, whom I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of Contestant	Signature of Parent or Legal Guardian if the contestant is under 18 years of age
Enclosed Amount: Monies to "Steve Mann")	_
****Coppy	No Refunds****

****Sorry No Refunds****
No Applications Accepted After July 28th