

9th USAPL American Open Bench Press and Powerlifting Championships
Greater Philadelphia Expo Center -- King of Prussia, Pennsylvania
December 4 & 5, 2010

Nominations as of: Saturday, November 24, 2010

WT.	NAME	AGE	STATE	CATEGORY	DIVISION
<u>Women -- Powerlifting</u>					
48.00	Diana Solash	38	New York	Raw/Unequipped	Powerlifting
48.00	Danielle Tasher	15	Pennsylvania	High School JV	Powerlifting
52.00	Caity Stencler	14	Pennsylvania	High School JV	Powerlifting
52.00	Shelbie Jacobs	19	Pennsylvania	Collegiate	Powerlifting
52.00	Theresa Jesinger	29	New York	Raw/Unequipped	Powerlifting
52.00	Colleen McNamara	29	Massachusetts	Raw/Unequipped	Powerlifting
56.00	Marie Lawrence	68	Pennsylvania	Master [60 - 69]	Powerlifting
56.00	Tiffany Hammond	18	Pennsylvania	Collegiate	Powerlifting
56.00	Brianna Miller	15	Pennsylvania	High School JV	Powerlifting
56.00	Regina Jacobs	14	Pennsylvania	High School JV	Powerlifting
56.00	Jenna Hardy	16	Pennsylvania	High School Varsity	Powerlifting
56.00	Caroline Unigarro	20	New York	Raw/Unequipped	Powerlifting
60.00	Sammantha Perrine	15	Pennsylvania	High School JV	Powerlifting
60.00	Angel Revie	27	Maryland	Raw/Unequipped	Powerlifting
67.50	Kristen Lesino	24	New Jersey	Open	Powerlifting
67.50	Bonnie Starnes	38	New Jersey	Open	Powerlifting
67.50	Tracy Zimmer	22	Pennsylvania	Open	Powerlifting
67.50	Beverly Crawford	18	Pennsylvania	Teen [18 - 19]	Powerlifting
67.50	Heather Crocker	21	Massachusetts	Junior [20 - 23]	Powerlifting
67.50	Tina Crawford	45	Pennsylvania	Master [40 - 49]	Powerlifting
67.50	Jessica Kratz	37	Pennsylvania	Raw/Unequipped	Powerlifting
67.50	Sarah Cichorek	20	New York	Raw/Unequipped	Powerlifting
67.50	Bonnie Starnes	38	New Jersey	Raw/Unequipped	Powerlifting
67.50	Anne Hayward	25	Maryland	Raw/Unequipped	Powerlifting
67.50	Vanessa Gales	22	New York	Raw/Unequipped	Powerlifting
67.50	Rupa Bhattacharya	29	New York	Raw/Unequipped	Powerlifting
67.50	Jessica Stroup	27	Pennsylvania	Raw/Unequipped	Powerlifting
67.50	Natalie Wasser	16	Pennsylvania	High School JV	Powerlifting
75.00	Nicole Hardy	14	Pennsylvania	High School JV	Powerlifting
75.00	Aimee Cowdry	15	Pennsylvania	High School JV	Powerlifting
75.00	Kelli Falotico	23	New Jersey	Raw/Unequipped	Powerlifting
82.50	Faith Knight	15	Pennsylvania	High School JV	Powerlifting
82.50	Maureen Tierney	44	New Jersey	Raw/Unequipped	Powerlifting
82.50	Samantha Orme	30	New York	Raw/Unequipped	Powerlifting
82.50	Alli Dolan	25	New York	Raw/Unequipped	Powerlifting
82.50	Patrice Lockhart	28	Georgia	Special Olympian	Powerlifting
90.00+	Jasmine Swain	15	Florida	Special Olympian	Powerlifting
<u>Women -- Bench Press Only</u>					
48.00	Diana Solash	38	New York	Raw/Unequipped	Bench Press Only
60.00	Christine Keisling	54	Pennsylvania	Master [50 - 59]	Bench Press Only
60.00	Marisa Bortone	25	New Jersey	Raw/Unequipped	Bench Press Only

82.50	Rebekah Lair	34	Maryland	Open	Bench Press Only
82.50	Rebekah Lair	34	Maryland	Police/Fire/Military	Bench Press Only
90.00	Victoria Semple	19	Pennsylvania	Raw/Unequipped	P/F Nationals BP

Men -- Powerlifting

67.50	Alexander Kang	26	Maryland	Open	Powerlifting
67.50	Nick Chaszczewicz	14	Pennsylvania	Teen [14 - 15]	Powerlifting
67.50	Paul McColgan	52	Pennsylvania	Master [50 - 59]	Powerlifting
67.50	Steve Stein	57	New York	Master [50 - 59]	Powerlifting
67.50	Jack Wolff	72	New Jersey	Master [70 - 79]	Powerlifting
67.50	Richard Nolan	84	New York	Master [80 - 89]	Powerlifting
67.50	Michael Treadway	17	Pennsylvania	High School Varsity	Powerlifting
67.50	Titos Gosalvez	21	Pennsylvania	Collegiate	Powerlifting
67.50	Andrew Watson	22	Pennsylvania	Collegiate	Powerlifting
67.50	Edwin Fong	22	Pennsylvania	Collegiate	Powerlifting
67.50	Ted Rasmussen	30	New Jersey	Raw/Unequipped	Powerlifting
67.50	Jeff Li	22	Maryland	Raw/Unequipped	Powerlifting
67.50	Steve Stein	57	New York	Raw/Unequipped	Powerlifting
67.50	Adrian McGee	22	Georgia	Special Olympian	Powerlifting
67.50	Andre McGee	22	Georgia	Special Olympian	Powerlifting
67.50	Sammy Lewis	51	Georgia	Special Olympian	Powerlifting
67.50	John Young	15	Florida	Special Olympian	Powerlifting

75.00	James Golembieski	31	New York	Open	Powerlifting
75.00	Daniel Ghebretheadick	27	New York	Open	Powerlifting
75.00	Sean Gibson	25	Virginia	Open	Powerlifting
75.00	Nick DeAnne	18	New Jersey	Teen [18 - 19]	Powerlifting
75.00	Jack Weiss	83	New Jersey	Master [80 - 89]	Powerlifting
75.00	Justin Nyce	17	Pennsylvania	High School Varsity	Powerlifting
75.00	Jordan Marcus	20	New Jersey	Collegiate	Powerlifting
75.00	James Eggers	20	Massachusetts	Collegiate	Powerlifting
75.00	Michael Stencler	18	Pennsylvania	Collegiate	Powerlifting
75.00	Ryan Aukerman	21	Pennsylvania	Collegiate	Powerlifting
75.00	Sean Gibson	25	Virginia	Police/Fire/Military	Powerlifting
75.00	Fransisco Arcibal III	35	New Jersey	Raw/Unequipped	Powerlifting
75.00	Michael Cagliola	40	Pennsylvania	Raw/Unequipped	Powerlifting
75.00	Richard Jarin	25	Maryland	Raw/Unequipped	Powerlifting
75.00	Michael Macri	41	New York	Raw/Unequipped	Powerlifting
75.00	Todd Henderson	26	New York	Raw/Unequipped	Powerlifting
75.00	Joseph Gorski	29	New York	Raw/Unequipped	Powerlifting

82.50	James Benemerito	41	New Jersey	Open	Powerlifting
82.50	Mike Ciupinski	31	New Jersey	Open	Powerlifting
82.50	Michael Sichelman	44	Maryland	Open	Powerlifting
82.50	William Pepicelli	20	Massachusetts	Open	Powerlifting
82.50	Zachary Cohen	24	Rhode Island	Open	Powerlifting
82.50	Claudio Lora	57	New Jersey	Open	Powerlifting

82.50	Michael Loncharich	21	Pennsylvania	Open	Powerlifting
82.50	Robert Caro	17	Pennsylvania	Teen [16 - 17]	Powerlifting
82.50	Mike Giaquinto	21	New Jersey	Junior [20 - 23]	Powerlifting
82.50	Glen Hotte	46	Pennsylvania	Master [40 - 49]	Powerlifting
82.50	Edward Linqvist	43	Pennsylvania	Master [40 - 49]	Powerlifting
82.50	Bill Scully	52	New Jersey	Master [50 - 59]	Powerlifting
82.50	Tito Bastianelli Sr.	76	New Jersey	Master [70 - 79]	Powerlifting
82.50	David Doyle	17	Pennsylvania	High School Varsity	Powerlifting
82.50	Zachary Cohen	24	Rhode Island	Collegiate	Powerlifting
82.50	Michael Loncharich	21	Pennsylvania	Collegiate	Powerlifting
82.50	Edward Linqvist	43	Pennsylvania	Police/Fire/Military	Powerlifting
82.50	Darren Nemow	36	New Jersey	Raw/Unequipped	Powerlifting
82.50	David Steely	18	Pennsylvania	Raw/Unequipped	Powerlifting
82.50	Mark Hollenbeck	53	New York	Raw/Unequipped	Powerlifting
82.50	Andrew Hollenbeck	21	New York	Raw/Unequipped	Powerlifting
82.50	Bill Clayton	57	New Jersey	Raw/Unequipped	Powerlifting
82.50	Jeremy Fisher	33	New York	Raw/Unequipped	Powerlifting
82.50	Ryan Revie	28	Maryland	Raw/Unequipped	Powerlifting
82.50	Eric Pekar	24	New Jersey	Raw/Unequipped	Powerlifting
82.50	Glen Hotte	46	Pennsylvania	Raw/Unequipped	Powerlifting
82.50	Steve Cusack	52	New York	Raw/Unequipped	Powerlifting
82.50	Jorge Unigarro	28	New York	Raw/Unequipped	Powerlifting
82.50	Matthew Buttimer	24	New York	Raw/Unequipped	Powerlifting
82.50	Brian Espino	31	New York	Raw/Unequipped	Powerlifting
82.50	Frank Caine	57	New Jersey	Raw/Unequipped	Powerlifting
82.50	Edward Linqvist	43	Pennsylvania	Raw/Unequipped	Powerlifting
82.50	Robert Mullin	35	New Jersey	Raw - PF Nationals	Powerlifting
90.00	Jerry Dally	50	New Jersey	Open	Powerlifting
90.00	Kristopher Hunt	28	New York	Open	Powerlifting
90.00	Joseph Nappa	23	Rhode Island	Open	Powerlifting
90.00	Dustin Starer	24	Maryland	Open	Powerlifting
90.00	Anthony Parella	27	New York	Open	Powerlifting
90.00	Mike Sollazzo	15	Pennsylvania	Teen [14 - 15]	Powerlifting
90.00	Joseph Nappa	23	Rhode Island	Junior [20 - 23]	Powerlifting
90.00	David Bell	23	New Jersey	Junior [20 - 23]	Powerlifting
90.00	Ron Falcone	49	New Jersey	Master [40 - 49]	Powerlifting
90.00	Michael Rybinski	41	Indiana	Master [40 - 49]	Powerlifting
90.00	Joe Knespler	56	New York	Master [50 - 59]	Powerlifting
90.00	Alek Shaklin	62	New York	Master [60 - 69]	Powerlifting
90.00	Josh Stencler	16	Pennsylvania	High School JV	Powerlifting
90.00	Ressim Semerdjiev	18	Pennsylvania	Collegiate	Powerlifting
90.00	Kevin McLaughin	20	Pennsylvania	Collegiate	Powerlifting
90.00	Shane Avender	19	Pennsylvania	Collegiate	Powerlifting
90.00	Michael Plavchak	23	Pennsylvania	Collegiate	Powerlifting
90.00	Aaron Aguiar	21	New Jersey	Collegiate	Powerlifting
90.00	Joseph McAuliffe	45	New Jersey	Raw/Unequipped	Powerlifting

90.00	Kaisheem Muhammad	34	Maryland	Raw/Unequipped	Powerlifting
90.00	David Frankovice	24	New Jersey	Raw/Unequipped	Powerlifting
90.00	Andrew Grebenetsky	20	New York	Raw/Unequipped	Powerlifting
90.00	Stephen Michael	24	New Jersey	Raw/Unequipped	Powerlifting
90.00	Paul Tongiani	34	Pennsylvania	Raw/Unequipped	Powerlifting
90.00	Robert Spitzner	31	New York	Raw/Unequipped	Powerlifting
90.00	Victor Parets	48	New Jersey	Raw/Unequipped	Powerlifting
90.00	Aaron Aguiar	21	New Jersey	Raw/Unequipped	Powerlifting
90.00	Dave Ernest	54	Pennsylvania	Raw/Unequipped	Powerlifting
90.00	Dion Thomas	31	Georgia	Special Olympian	Powerlifting
90.00	Scott Davenport	37	Pennsylvania	Open - PF Nationals	Powerlifting
100.00	Michael Bennett	49	Maryland	Open	Powerlifting
100.00	Alex Campbell	32	Tennessee	Open	Powerlifting
100.00	Scott Caplan	23	Massachusetts	Open	Powerlifting
100.00	Michael Roncarati	23	Rhode Island	Open	Powerlifting
100.00	Chad Salyer	34	Tennessee	Open	Powerlifting
100.00	Andrew Lorber	28	New York	Open	Powerlifting
100.00	Drew Rotsinger	18	New Jersey	Teen [18 - 19]	Powerlifting
100.00	Michael Barcelone	44	New Jersey	Master [40 - 49]	Powerlifting
100.00	Michael Bennett	49	Maryland	Master [40 - 49]	Powerlifting
100.00	Jack Levavi	59	New York	Master [50 - 59]	Powerlifting
100.00	Tony Contino	64	Pennsylvania	Master [60 - 69]	Powerlifting
100.00	Tom Hughes	61	New Jersey	Master [60 - 69]	Powerlifting
100.00	Stan Chatis	73	New York	Master [70 - 79]	Powerlifting
100.00	Colton Hewitt	16	Pennsylvania	High School Varsity	Powerlifting
100.00	Scott Hunsberger	17	Pennsylvania	High School Varsity	Powerlifting
100.00	Nicholas Mercurio	25	Pennsylvania	Collegiate	Powerlifting
100.00	Ralph Longo	19	Connecticut	Collegiate	Powerlifting
100.00	Thomas McDonald	38	New Jersey	Raw/Unequipped	Powerlifting
100.00	Timothy Lawrence	24	New Jersey	Raw/Unequipped	Powerlifting
100.00	Ronald Lobb	47	Pennsylvania	Raw/Unequipped	Powerlifting
100.00	Mathew Niglio	24	New Jersey	Raw/Unequipped	Powerlifting
100.00	Otar Datan	26	New York	Raw/Unequipped	Powerlifting
100.00	Ben Esgro	25	Pennsylvania	Raw/Unequipped	Powerlifting
100.00	Jared Keisling	25	Pennsylvania	Raw/Unequipped	Powerlifting
100.00	Jeffrey McDaniel	29	Pennsylvania	Raw/Unequipped	Powerlifting
100.00	Andrew Cohn	20	Maryland	Raw/Unequipped	Powerlifting
100.00	Tyrone Jackson	40	New Jersey	Open - PF Nationals	Powerlifting
100.00	Scott Cook	29	West Virginia	Open - PF Nationals	Powerlifting
100.00	Tom Getsinger	37	Pennsylvania	Open - PF Nationals	Powerlifting
100.00	Gerry Kuzian	44	New York	M1 - PF Nationals	Powerlifting
110.00	Tim Durrett	37	Virginia	Open	Powerlifting
110.00	Anthony Stavenski III	31	Pennsylvania	Open	Powerlifting
110.00	Sam Snyder	21	Pennsylvania	Open	Powerlifting
110.00	Rob Eckhart	38	Pennsylvania	Open	Powerlifting

110.00	Erick Aguiar	25	New Jersey	Open	Powerlifting
110.00	Brandon Mauro	16	Pennsylvania	Teen [16 - 17]	Powerlifting
110.00	Seth Peters	22	Pennsylvania	Junior [20 - 23]	Powerlifting
110.00	Charles King	60	Pennsylvania	Blind Athlete	Powerlifting
110.00	Avi Soroka	29	New York	Raw/Unequipped	Powerlifting
110.00	Bill McCarthy	29	New Jersey	Raw/Unequipped	Powerlifting
110.00	John Lawrence	27	Pennsylvania	Raw/Unequipped	Powerlifting
110.00	Jake Burke	66	Pennsylvania	Raw/Unequipped	Powerlifting

125.00	Romaine Bostick	38	Washington DC	Open	Powerlifting
125.00	Wayne Droesser	38	Pennsylvania	Open	Powerlifting
125.00	Steve Mann	35	Pennsylvania	Open	Powerlifting
125.00	Tim Watson	20	Pennsylvania	Collegiate	Powerlifting
125.00	Kevin Mosley	26	New Jersey	Collegiate	Powerlifting
125.00	Shaun Florke	19	New Jersey	Collegiate	Powerlifting
125.00	Larry Thompson	40	New Jersey	Master [40 - 49]	Powerlifting
125.00	Matthew Clarke	44	New Jersey	Master [40 - 49]	Powerlifting
125.00	Dom Fonio	48	Pennsylvania	Master [40 - 49]	Powerlifting
125.00	Dennis Chervenak	61	New Jersey	Master [60 - 69]	Powerlifting
125.00	Albert Saavedra	26	Maryland	Raw/Unequipped	Powerlifting
125.00	Sean Sibbons	37	Pennsylvania	Open - PF Nationals	Powerlifting
125.00	Robert Moore	50	Pennsylvania	M2 - PF Nationals	Powerlifting
125.00	Ed Kunder	26	New Jersey	Raw - PF Nationals	Powerlifting

125+	Joseph Cappellino	22	New York	Open	Powerlifting
125+	Ted Vitale	24	New Jersey	Raw/Unequipped	Powerlifting
125+	Lewis Maxwell	30	Georgia	Special Olympian	Powerlifting

Men -- Bench Press Only

52.00	Nick Kilcourse	15	Pennsylvania	Open	Bench Press Only
52.00	Everett Fasnacht	13	Pennsylvania	Youth [12 - 13]	Bench Press Only
52.00	Nick Kilcourse	15	Pennsylvania	Teen [14 - 15]	Bench Press Only
52.00	Jay White	18	Pennsylvania	Teen [18 - 19]	Bench Press Only
67.50	Nick Kilcourse	15	Pennsylvania	Raw/Unequipped	Bench Press Only
56.00	Tyler Whipple	17	Pennsylvania	Teen [16 - 17]	Bench Press Only
60.00	Adam Beylo	14	Pennsylvania	Teen [14 - 15]	Bench Press Only
60.00	Nicholas Flamini	19	Pennsylvania	Teen [18 - 19]	Bench Press Only
60.00	John Olver	19	Pennsylvania	Teen [18 - 19]	Bench Press Only
67.50	Terrance Pinkett	40	Pennsylvania	Open	Bench Press Only
67.50	Ramon Cruz	21	New Jersey	Junior [20 - 23]	Bench Press Only
67.50	Terrance Pinkett	40	Pennsylvania	Master [40 - 49]	Bench Press Only
67.50	Jacob Feclin	17	Pennsylvania	High School Varsity	Bench Press Only
67.50	Jordon Blanton	18	Pennsylvania	High School Varsity	Bench Press Only
67.50	Terrance Pinkett	40	Pennsylvania	Raw/Unequipped	Bench Press Only

67.50	Bill Riviello	37	New Jersey	Raw/Unequipped	Bench Press Only
75.00	Brian Tufaro	16	New Jersey	Teen [16 - 17]	Bench Press Only
75.00	Nick DeAnne	18	New Jersey	Teen [18 - 19]	Bench Press Only
75.00	Titian Perez	21	Pennsylvania	Junior [20 - 23]	Bench Press Only
75.00	Joe Kilcourse	54	Pennsylvania	Master [50 - 59]	Bench Press Only
75.00	Cory Snow	17	Pennsylvania	High School Varsity	Bench Press Only
75.00	Christopher Spagnoli	37	New Jersey	Raw/Unequipped	Bench Press Only
75.00	David Lokus	20	Pennsylvania	Raw/Unequipped	Bench Press Only
82.50	Jim Bardsley	51	Maryland	Open	Bench Press Only
82.50	Jim Bardsley	51	Maryland	Master [50 - 59]	Bench Press Only
82.50	Dominic Ambrosano	32	Pennsylvania	Raw/Unequipped	Bench Press Only
82.50	Brian Espino	31	New York	Raw/Unequipped	Bench Press Only
82.50	Chris Scarlata	40	Pennsylvania	Raw/Unequipped	Bench Press Only
82.50	Michael Gourley	23	Pennsylvania	Raw/Unequipped	Bench Press Only
90.00	Anthony Gitto	23	New Jersey	Junior [20 - 23]	Bench Press Only
90.00	David Guyger	64	Pennsylvania	Master [60 - 69]	Bench Press Only
90.00	Burt Rosenfield	70	Florida	Master [70 - 79]	Bench Press Only
90.00	Christopher Regodon	33	New Jersey	Raw/Unequipped	Bench Press Only
90.00	Joseph McAuliffe	45	New Jersey	Raw/Unequipped	Bench Press Only
100.00	Joseph Matteo	34	Pennsylvania	Raw/Unequipped	Bench Press Only
110.00	Rob Eckhart	38	Pennsylvania	Open	Bench Press Only
125.00	John Bogart	39	New York	Open	Bench Press Only
125.00	Robert Feeney	58	Pennsylvania	Master [50 - 59]	Bench Press Only
125.00	Robert Feeney	58	Pennsylvania	Raw/Unequipped	Bench Press Only
125.00	Bill Taylor	42	Indiana	M1 - PF Nationals	Bench Press Only
125+	Kevin Johnson	55	New York	Master [50 - 59]	Bench Press Only
<u>Out</u>					
67.50	Ivan Zwick	71	Illinois	Master [70 - 79]	Bench Press Only
125.00	Garrett De Jong	30	Idaho	Raw/Unequipped	Powerlifting