

2010 USA Powerlifting Stars and Stripes BP / DL Championships



November 20th, 2010

Location: NEW EVENT LOCATION FROM 2009!!!!!!
UMC Hall, 1310 Morgan Highway, S Abington Twp, PA
18411-9503

Recommended Hotel:

Ramada Inn 820 Northern Blvd.
Clarks Summit, PA 18411 US - 570-586-2730 – Mention “USA
Powerlifting” for \$84.99 rate (expires Oct. 19th, 2011)

Weight Classes (Open Weight Classes):

Men’s Classes: 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+
Women’s Classes: 105, 114, 123, 132, 148, 165, 181, 198, 198+

Sub-Junior Weight Classes:

Men’s Classes: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+
Women’s Classes: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Requirements/Eligibility Requirements: Must be a registered USAPL
Member (memberships sold at weigh-ins. No qualifying totals required.)

Trophies: All divisions will be awarded trophies for the top 3 lifters, by
weight class. Bench and Deadlift will have separate awards.

**Raw Definition = Singlet, belt, commercial knee sleeves (example. rehbands)
and wrist wraps.**

Schedule:

Saturday November 20th, 2010 –

7:00 - 8:30 – Weigh-In / Equipment Check

8:30 - 8:40 – Rules Clinic

9:00 PM – 5:00 PM - Lifting

Eligibility: Lifters must be registered with the USAPL and must be drug free
by the definition of the USAPL. At least 10% of the lifters will be drug tested.
USAPL cards will be available at the meet.



More Info at <http://www.purepowerlifting.com>

Name: _____ Age: _____

Date of Birth ____/____/____

Address:

Street _____

City _____

State _____ ZIP _____

Phone (____) _____

E-mail _____

Male _____ Female _____

Event:

Bench Press _____ (\$40) Deadlift _____ (\$40) Both _____ (\$60)

Division: (Select One, \$20 Per Additional Division)

Open _____ Youth 10-11 _____

Sub-Jr. 14-15 _____ Youth 12-13 _____

Sub-Jr. 16-17 _____ Masters 40+ _____

Sub-Jr. 18-19 _____ Masters 50+ _____

Junior 20-23 _____ Masters 60+ _____

Raw Open _____ Raw Mast. 40+ _____

Raw Jr 20-23 _____ Raw Mast. 50+ _____

Special _____ Raw Mast. 60+ _____

Olympian _____ Collegiate _____

HS _____ Raw CL _____

Raw HS _____ Raw CL _____

Raw Definition = Singlet, belt, knee sleeves (ex. rehbands) and wrist wraps

T-Shirt Size		Weight Class (Check One)			
Small (\$12)	_____	97*	_____	181	_____
Medium (\$12)	_____	105	_____	198	_____
Large (\$12)	_____	114**	_____	198+	_____
XL (\$12)	_____	123	_____	220	_____
2XL (\$14)	_____	132	_____	242	_____
3XL (\$16)	_____	148	_____	275	_____
		165	_____	275+	_____

**97 lb. weight class only for sub-junior/HS female divisions.*

***114 lb. weight class limited to sub-junior/HS male divisions, no limitations female classes.*

***** **Make Checks Payable to "Steven Mann"** *****

Postmark Entry Deadline Oct. 25th, 2010

Mail Entries To: Steven Mann
PO Box 495
Chinchilla, PA 18410

Entry Fee: \$40 per event/ division,
\$20 per additional division
LATE FEE +\$25!
No Refunds

**Release from Liability Read this carefully.
When you sign it you will be giving up important
legal rights.**

In consideration of the acceptance of my entry form in this powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected, including but not exclusively USA Powerlifting, Steven T. Mann, Pure Powerlifting.com, the spotters, the loaders, the facility owners, the referees and equipment manufacturers, with this competition from any and all liability, including any result of negligence, which may arise from this competition. Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength inducing drugs SHALL BE CONCLUSIVE. This is, whether I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy or award, which I might otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, whom I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of Contestant

**Signature of Parent or Legal
Guardian if the contestant is
under 18 years of age**

Enclosed Amount: _____ (Monies to "Steve Mann" ONLY)

******Sorry No Refunds****
****LIMITED TO 70 LIFTERS******