



# USAPL Northeastern USA Regional Bench Press & Powerlifting Championships



Valley Forge Convention Center / King of Prussia, Pennsylvania

October 17 & 18, 2009

NR	WT.	BDW.	NAME	AGE	TRAINING CENTER	STATE	DIVISION	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wlk's	PL.	
								1.	2.	3.	1.	2.	3.		1.	2.	3.				
<b>Women</b>																					
1	48.00	46.20	Kristi Polizzano	16	Brown's Gym -- Clarks Summit	Pennsylvania	Open	60.0	72.5	-77.5	72.5	45.0	-52.5	-52.5	117.5	92.5	102.5	-117.5	220.0	299.5	1.0
2	48.00	46.20	Kristi Polizzano	16	Brown's Gym -- Clarks Summit	Pennsylvania	Varsity High School	60.0	72.5	-77.5	72.5	45.0	-52.5	-52.5	117.5	92.5	102.5	-117.5	220.0	299.5	1.0
3	48.00	46.20	Kristi Polizzano	16	Brown's Gym -- Clarks Summit	Pennsylvania	Raw/Unequipped	60.0	72.5	-77.5	72.5	45.0	-52.5	-52.5	117.5	92.5	102.5	-117.5	220.0	299.5	1.0
4	48.00	46.20	Kristi Polizzano	16	Brown's Gym -- Clarks Summit	Pennsylvania	Raw/Unequipped	60.0	72.5	-77.5	72.5	45.0	-52.5	-52.5	117.5	92.5	102.5	-117.5	220.0	299.5	1.0
5	48.00	46.90	Diana Solash	38	NY Sports Club -- NYC	New York	Raw/Unequipped	77.5	-80.0	-80.0	77.5	45.0	47.5	-50.0	125.0	85.0	-87.5	-87.5	210.0	282.9	2.0
6	52.00	51.00	Tammy Cutrona	43	Fitness Factory -- Rockaway	New Jersey	Open	80.0	92.5	97.5	97.5	65.0	65.0	70.0	167.5	112.5	120.0	127.5	295.0	373.3	1.0
7	52.00	51.00	Tammy Cutrona	43	Fitness Factory -- Rockaway	New Jersey	Master [40 - 49]	80.0	92.5	97.5	97.5	65.0	65.0	70.0	167.5	112.5	120.0	127.5	295.0	373.3	1.0
8	52.00	50.60	Shelbie Jones	18	Pennridge PL Team -- Perkasio	Pennsylvania	High School Varsity	-62.5	67.5	-72.5	67.5	35.0	37.5	-40.0	105.0	85.0	92.5	-97.5	197.5	251.4	1.0
9	52.00	50.60	Theresa Jesinger	28	World Gym -- Setauket	New York	Raw/Unequipped	62.5	67.5	-72.5	67.5	45.0	52.5	57.5	125.0	70.0	82.5	92.5	217.5	276.9	1.0
10	56.00	52.60	Jenna Hardy	15	Pennridge PL Team -- Perkasio	Pennsylvania	JV High School	65.0	67.5	-72.5	67.5	42.5	47.5	-50.0	115.0	87.5	92.5	97.5	212.5	262.6	1.0
11	56.00	55.20	Natalie Gulla	19	Drexel University -- Philadelphia	Pennsylvania	Collegiate	-67.5	70.0	-72.5	70.0	37.5	40.0	-42.5	110.0	82.5	92.5	102.5	212.5	252.9	1.0
12	60.00	58.20	Jacqueline Teman	24	Old School Fitness -- Exton	Pennsylvania	Open	112.5	-120.0	-140.0	112.5	-55.0	57.5	-62.5	170.0	125.0	140.0	147.5	317.5	362.5	1.0
13	60.00	57.40	Tiffany Hammond	17	Pennridge PL Team -- Perkasio	Pennsylvania	Varsity High School	82.5	92.5	97.5	97.5	50.0	-52.5	-52.5	147.5	107.5	110.0	117.5	265.0	305.8	1.0
14	60.00	58.80	Anne Marie Kemmerer	55	Pennridge PL Team -- Perkasio	Pennsylvania	Master [50 - 59]	60.0	67.5	-75.0	67.5	50.0	-52.5	-52.5	117.5	100.0	105.0	110.0	227.5	257.6	1.0
15	60.00	57.40	Kori Harris	33	Peak Fitness -- Ewing	New Jersey	Raw/Unequipped	60.0	65.0	-70.0	65.0	52.5	-57.5	-57.5	117.5	95.0	105.0	112.5	230.0	265.4	1.0
16	67.50	67.00	Gail Moore	62	Underground Gym -- Flouertown	Pennsylvania	Open	120.0	132.5	-140.0	132.5	75.0	80.0	-85.0	212.5	127.5	135.0	142.5	355.0	364.3	1.0
17	67.50	65.90	Nicole Eick	24	Greyskull BB -- Folsom	Delaware	Open	67.5	-75.0	77.5	77.5	37.5	42.5	45.0	122.5	102.5	112.5	117.5	240.0	249.2	2.0
18	67.50	66.60	Elizabeth Leon	29	Greyskull BB -- Folsom	Pennsylvania	Open	75.0	-82.5	85.0	85.0	45.0	47.5	-52.5	132.5	95.0	102.5	107.5	240.0	247.3	3.0
19	67.50	65.20	Tina Crawford	44	Pennridge PL Team -- Perkasio	Pennsylvania	Master [40 - 49]	75.0	80.0	82.5	82.5	47.5	50.0	52.5	135.0	115.0	122.5	127.5	262.5	274.8	1.0
20	67.50	62.70	Christine Keisling	53	Spring Valley YMCA -- Collegeville	Pennsylvania	Master [50 - 59]	-30.0	-30.0	30.0	30.0	30.0	35.0	-40.0	65.0	35.0	45.0	55.0	120.0	129.3	1.0
21	67.50	62.80	Marjorie Conte	72	YMCA -- Redbank	New Jersey	Master [70 - 79]	57.5	62.5	67.5	67.5	52.5	-60.0	-60.0	120.0	80.0	92.5	-95.0	212.5	228.8	1.0
22	67.50	61.80	Jessica Kratz	36	YMCA -- Kutztown	Pennsylvania	Raw/Unequipped	100.0	110.0	117.5	117.5	55.0	65.0	-72.5	182.5	130.0	140.0	145.0	327.5	356.9	1.0
23	75.00	74.90	Cydney Smith	38	YMCA -- Belfonte	Pennsylvania	Open	167.5	177.5	-185.0	177.5	112.5	120.0	-125.0	297.5	170.0	182.5	185.0	482.5	459.1	1.0
24	75.00	74.80	Maureen Tierney	43	Pure Focus -- Bricktown	New Jersey	Raw/Unequipped	62.5	70.0	75.0	75.0	35.0	40.0	-42.5	115.0	90.0	105.0	-110.0	220.0	209.5	1.0
25	82.50	79.80	Barbara Chaszczewicz	44	Pennridge PL Team -- Perkasio	Pennsylvania	Raw/Unequipped	82.5	87.5	97.5	97.5	42.5	45.0	47.5	145.0	127.5	135.0	-142.5	280.0	256.6	1.0
26	90.00+	118.40	Jessica Marhsall	58	VIP Fitness -- Ft. Lee	New Jersey	Master [50 - 59]	-45.0	-45.0	45.0	45.0	-45.0	-45.0	-45.0		82.5	87.5	95.0	95.0		
27																					
<b>Men</b>																					
29	56.00	55.80	Dillon Walker	16	Penn Manor HS PL Team	Pennsylvania	Open	95.0	100.0	-107.5	100.0	57.5	62.5	-65.0	162.5	142.5	152.5	-165.0	315.0	287.8	1.0
30	56.00	55.80	Dillon Walker	16	Penn Manor HS PL Team	Pennsylvania	Teen [16 - 17]	95.0	100.0	-107.5	100.0	57.5	62.5	-65.0	162.5	142.5	152.5	-165.0	315.0	287.8	1.0
31	56.00	54.70	Zane Swanger	17	Pennridge PL Team -- Perkasio	Pennsylvania	Teen [16 - 17]	92.5	97.5	-102.5	97.5	52.5	55.0	57.5	155.0	140.0	145.0	-147.5	300.0	279.5	2.0
32	56.00	54.70	Zane Swanger	17	Pennridge PL Team -- Perkasio	Pennsylvania	Varsity High School	92.5	97.5	-102.5	97.5	52.5	55.0	57.5	155.0	140.0	145.0	-147.5	300.0	279.5	1.0
33	60.00	59.80	Michael Kuhns	23	Garage Ink -- New Freedom	Pennsylvania	Open	260.0	275.0	Pass	275.0	195.0	205.0	-207.5	480.0	160.0	175.0	182.5	662.5	566.8	1.0
34	60.00	59.30	Tim Borgia	47	YMCA -- Erie	Pennsylvania	Open	155.0	165.0	172.5	172.5	112.5	-120.0	-120.0	285.0	182.5	-200.0	-200.0	467.5	403.0	2.0
35	67.50	66.50	Mark Turner	20	Brown's Gym -- Clarks Summit	Pennsylvania	Open	200.0	217.5	230.0	230.0	140.0	-150.0	150.0	380.0	192.5	207.5	220.0	600.0	468.2	1.0
36	67.50	66.80	Michael Santiago	36	Giant Fitness -- Clementon	New Jersey	Open	152.5	165.0	177.5	177.5	142.5	-152.5	-152.5	320.0	207.5	215.0	-225.0	535.0	416.0	2.0
37	67.50	67.40	Michael Stencler	17	Pennridge PL Team -- Perkasio	Pennsylvania	Teen [16 - 17]	132.5	-140.0	-140.0	132.5	110.0	115.0	117.5	250.0	185.0	190.0	-195.0	440.0	339.6	1.0
38	67.50	66.50	Mark Turner	20	Brown's Gym -- Clarks Summit	Pennsylvania	Junior [20 - 23]	200.0	217.5	230.0	230.0	140.0	-150.0	150.0	380.0	192.5	207.5	220.0	600.0	468.2	1.0
39	67.50	62.50	Lee Fredericks	23	Central Connecticut University	Connecticut	Junior [20 - 23]	125.0	137.5	-147.5	137.5	102.5	110.0	-115.0	247.5	160.0	175.0	182.5	430.0	336.8	2.0
40	67.50	66.20	Robert Polizzano	50	Brown's Gym -- Clarks Summit	Pennsylvania	Master [50 - 59]	102.5	115.0	-122.5	115.0	110.0	-120.0	-120.0	225.0	125.0	140.0	150.0	375.0	293.7	1.0
41	67.50	65.60	Jack Wolff	71	Pure Focus Gym -- Bricktown	New Jersey	Master [70 - 79]	115.0	130.0	140.0	140.0	72.5	77.5	Pass	217.5	175.0	187.5	-192.5	405.0	319.6	1.0
42	67.50	67.00	Richard Nolan	83	Bio Fitness -- NYC	New York	Master [80 - 89]	60.0	67.5	70.0	70.0	55.0	60.0	62.5	132.5	110.0	117.5	122.5	255.0	197.8	1.0
43	67.50	62.50	Lee Fredericks	23	Central Connecticut University	Connecticut	Raw/Unequipped	125.0	137.5	-147.5	137.5	102.5	110.0	-115.0	247.5	160.0	175.0	182.5	430.0	336.8	1.0
44	67.50	66.20	Robert Polizzano	50	Brown's Gym -- Clarks Summit	Pennsylvania	Raw/Unequipped	102.5	115.0	-122.5	115.0	110.0	-120.0	-120.0	225.0	125.0	140.0	150.0	375.0	293.7	2.0
45	67.50	66.80	Michael Santiago	36	Giant Fitness -- Clementon	New Jersey	Police/Fire/Military	152.5	165.0	177.5	177.5	142.5	-152.5	-152.5	320.0	207.5	215.0	-225.0	535.0	416.0	1.0
46																					
<b>Out</b>																					
48	48.00		Emily Moon	19	Brown's Gym -- Clarks Summit	Pennsylvania	Open														
49	56.00		Judy Greener	55	YMCA -- Long Branch	New Jersey	Master [50 - 59]														
50																					

Meet Director: Robert Keller





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NR	WT.	BDW.	NAME	AGE	TRAINING CENTER	STATE	DIVISION	SQUAT				BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	
								1.	2.	3.		1.	2.	3.		1.	2.	3.				
1			<b>Men</b>																			
2	100.00	98.20	Greg Jones	48	Brown's Gym -- Clarks Summit	Georgia	Open	290.0	300.0	-320.5	300.0	147.5	-212.5	228.0	528.0	272.5	-292.5	-292.5	800.5	490.8	1.0	
3	100.00	99.60	Tom Getsinger	36	Garage Ink -- New Freedom	Pennsylvania	Open	-237.5	247.5	-252.5	247.5	205.0	-210.0	-210.0	452.5	250.0	272.5	282.5	735.0	448.1	2.0	
4	100.00	98.50	Jere Hess	26	Garage Ink -- New Freedom	Pennsylvania	Open	255.0	272.5	277.5	277.5	180.0	187.5	192.5	470.0	245.0	-257.5	-257.5	715.0	437.8	3.0	
5	100.00	97.10	Erick Aguilar	23	Jersey Shore Fit -- Bradley Beach	New Jersey	Open	245.0	262.5	-272.5	262.5	162.5	-175.0	-175.0	425.0	-245.0	260.0	-272.5	685.0	422.0	4.0	
6	100.00	96.90	Evan Aguilar	17	Jersey Shore Fit -- Bradley Beach	New Jersey	Open	-227.5	-237.5	237.5	237.5	152.5	-162.5	-162.5	390.0	200.0	207.5	-215.0	597.5	368.4	5.0	
7	100.00	94.00	Joseph Harris	24	LA Fitness -- Montgomeryville	Pennsylvania	Open	-165.0	177.5	-185.0	177.5	122.5	132.5	137.5	315.0	202.5	215.0	225.0	540.0	337.5	6.0	
8	100.00	91.60	Dennis Cieri	40	Fitness Factory -- Rockaway	New Jersey	Open	65.0	Pass	Pass	65.0	272.5	-293.0	-293.0	337.5	100.0	150.0	-200.0	487.5	308.5	7.0	
9	100.00	94.20	Stefan Krause	15	Pennridge PL Team -- Perkasio	Pennsylvania	Teen [14 - 15]	142.5	147.5	152.5	152.5	72.5	77.5	-82.5	230.0	170.0	180.0	187.5	417.5	260.7	1.0	
10	100.00	93.40	Andy Feldman	14	Greyskull BB -- Folsom	Pennsylvania	Teen [14 - 15]	-147.5	147.5	162.5	162.5	-77.5	77.5	80.0	242.5	147.5	165.0	-175.0	407.5	255.5	2.0	
11	100.00	96.90	Evan Aguilar	17	Jersey Shore Fit -- Bradley Beach	New Jersey	Teen [16 - 17]	-227.5	-237.5	237.5	237.5	152.5	-162.5	-162.5	390.0	200.0	207.5	-215.0	597.5	368.4	1.0	
12	100.00	97.10	Erick Aguilar	23	Jersey Shore Fit -- Bradley Beach	New Jersey	Junior [20 - 23]	245.0	262.5	-272.5	262.5	162.5	-175.0	-175.0	425.0	-245.0	260.0	-272.5	685.0	422.0	4.0	
13	100.00	95.00	Ben Esgro	23	Brown's Gym -- Clarks Summit	Pennsylvania	Junior [20 - 23]	175.0	192.5	207.5	207.5	110.0	120.0	-127.5	327.5	227.5	-255.0	255.0	582.5	362.3	2.0	
14	100.00	98.30	Mike Barcelone	43	Iron Sport Gym -- Glenolden	New Jersey	Master [40 - 49]	235.0	245.0	255.0	255.0	195.0	-202.5	202.5	457.5	235.0	245.0	-255.0	702.5	430.6	1.0	
15	100.00	98.30	Frank Ocasio	41	Elmo's Gym -- Bronx	New York	Master [40 - 49]	190.0	205.0	-215.0	205.0	145.0	150.0	157.5	362.5	182.5	205.0	232.5	595.0	364.7	2.0	
16	100.00	91.60	Dennis Cieri	40	Fitness Factory -- Rockaway	New Jersey	Master [40 - 49]	65.0	Pass	Pass	65.0	272.5	-293.0	-293.0	337.5	100.0	150.0	-200.0	487.5	308.5	3.0	
17	100.00	90.30	Kent Jensen	49	ACACA Fitness -- West Chester	Pennsylvania	Master [40 - 49]	100.0	110.0	-125.0	110.0	100.0	-112.5	-112.5	210.0	130.0	150.0	-160.0	360.0	229.4	4.0	
18	100.00	97.40	Anthony Contino	63	Iron Sport Gym -- Glenolden	Pennsylvania	Master [60 - 69]	-102.5	-102.5	-102.5		-102.5	-102.5	102.5		175.0	185.0	-192.5				
19	100.00	97.70	Stan Chatis	72	Muscles-N-Motion -- Oneota	Pennsylvania	Master [70 - 79]	147.5	-167.5	167.5	167.5	-135.0	-135.0	-135.0		195.0	212.5	-222.5				
20	100.00	99.90	John Lawrence	26	YMCA -- Shrewsbury	Pennsylvania	Raw/Unequipped	185.0	195.0	215.0	215.0	137.5	145.0	150.0	365.0	227.5	242.5	257.5	622.5	379.0	1.0	
21	100.00	95.00	Ben Esgro	23	Brown's Gym -- Clarks Summit	Pennsylvania	Raw/Unequipped	175.0	192.5	207.5	207.5	110.0	120.0	-127.5	327.5	227.5	-255.0	255.0	582.5	362.3	2.0	
22	100.00	97.40	Anthony Contino	63	Iron Sport Gym -- Glenolden	Pennsylvania	Raw/Unequipped	-102.5	-102.5	-102.5		-102.5	-102.5	102.5		175.0	185.0	-192.5				
23	100.00	99.60	Tom Getsinger	36	Garage Ink -- New Freedom	Pennsylvania	Police/Fire/Military	-237.5	247.5	-252.5	247.5	205.0	-210.0	-210.0	452.5	250.0	272.5	282.5	735.0	448.1	1.0	
24	110.00	108.20	Randy Boczaowski	28	Iron Sport Gym -- Glenolden	Pennsylvania	Open	250.0	-270.0	-270.0	250.0	200.0	-210.0	-210.0	450.0	227.5	240.0	-250.0	690.0	408.2	1.0	
25	110.00	108.30	Dennis Chervenak	60	Pure Focus -- Bricktown	New Jersey	Open	135.0	150.0	160.0	160.0	75.0	85.0	92.5	252.5	165.0	182.5	202.5	455.0	269.1	2.0	
26	110.00	102.90	Sterling Kemmerer	17	Pennridge PL Team -- Perkasio	Pennsylvania	Teen [16 - 17]	142.5	150.0	157.5	157.5	105.0	110.0	115.0	272.5	185.0	190.0	192.5	465.0	279.9	1.0	
27	110.00	105.10	Patrick Lynch	21	Brown's Gym -- Clarks Summit	Pennsylvania	Junior [20 - 23]	190.0	207.5	215.0	215.0	140.0	150.0	-157.5	365.0	250.0	265.0	270.0	635.0	379.3	1.0	
28	110.00	107.60	Seth Peters	21	Garage Ink -- New Freedom	Pennsylvania	Junior [20 - 23]	162.5	175.0	185.0	185.0	100.0	105.0	-112.5	290.0	205.0	220.0	227.5	517.5	306.7	2.0	
29	110.00	103.40	Adam Gerbert	28	LA Fitness -- Blue Bell	Pennsylvania	Collegiate	180.0	192.5	212.5	212.5	-127.5	-137.5	147.5	360.0	182.5	205.0	-230.0	565.0	339.5	1.0	
30	110.00	106.40	Paul Dilberto	48	Pennisi's Gym -- Collingswood	New Jersey	Master [40 - 49]	185.0	205.0	210.0	210.0	160.0	175.0	-180.0	385.0	197.5	215.0	222.5	607.5	361.3	1.0	
31	110.00	100.50	Michael Hickey	58	Pro Body Fitness -- Bayville	New Jersey	Master [50 - 59]	-127.5	127.5	137.5	137.5	97.5	-102.5	-102.5	235.0	155.0	162.5	-175.0	397.5	241.4	1.0	
32	110.00	108.30	Dennis Chervenak	60	Pure Focus -- Bricktown	New Jersey	Master [60 - 69]	135.0	150.0	160.0	160.0	75.0	85.0	92.5	252.5	165.0	182.5	202.5	455.0	269.1	1.0	
33	110.00	108.90	Tyrone Roper	35	Powerhouse Gym -- Baltimore	Maryland	Raw/Unequipped	227.5	-242.5	-242.5	227.5	185.0	190.0	-192.5	417.5	227.5	252.5	272.5	690.0	407.3	1.0	
34	110.00	107.20	Ed Kutin	47	Paris's Gym -- Fairlawn	New Jersey	Raw/Unequipped	192.5	207.5	-215.0	207.5	152.5	162.5	-167.5	370.0	247.5	270.0	Pass	640.0	379.7	2.0	
35	110.00	105.10	Patrick Lynch	21	Brown's Gym -- Clarks Summit	Pennsylvania	Raw/Unequipped	190.0	207.5	215.0	215.0	140.0	150.0	-157.5	365.0	250.0	265.0	270.0	635.0	379.3	3.0	
36	110.00	106.40	Paul Dilberto	48	Pennisi's Gym -- Collingswood	New Jersey	Raw/Unequipped	185.0	205.0	210.0	210.0	160.0	175.0	-180.0	385.0	197.5	215.0	222.5	607.5	361.3	4.0	
37	110.00	103.50	Jared Keisling	24	Spring Valley YMCA -- Collegeville	Pennsylvania	Raw/Unequipped	182.5	192.5	205.0	205.0	137.5	147.5	-155.0	352.5	182.5	197.5	212.5	565.0	339.3	5.0	
38	125.00	110.50	Steve Mann	34	Brown's Gym -- Clarks Summit	Pennsylvania	Open	327.5	360.0	367.5	367.5	240.0	255.0	262.5	630.0	282.5	297.5	302.5	932.5	540.9	1.0	
39	125.00	115.80	David Balsdon	23	World Gym -- Setauket	New York	Open	302.5	312.5	320.0	320.0	-215.0	220.0	-227.5	540.0	265.0	285.0	-292.5	825.0	480.2	2.0	
40	125.00	112.80	Pat Johnson	38	Iron Sport Gym -- Glenolden	Pennsylvania	Open	-295.0	295.0	320.0	320.0	207.5	227.5	-237.5	547.5	265.0	275.0	-285.0	822.5	483.4	3.0	
41	125.00	114.20	Matthew Clark	43	Fitness Shop -- Bradley Beach	New Jersey	Open	285.0	295.0	305.0	305.0	220.0	230.0	-237.5	535.0	227.5	255.0	-262.5	790.0	461.4	4.0	
42	125.00	113.30	Carlos Rocco	29	Powerhouse Gym -- New Rochelle	New York	Open	-160.0	160.0	175.0	175.0	142.5	147.5	150.0	325.0	205.0	222.5	230.0	555.0	323.8	5.0	
43	125.00	119.10	Levi Perillo	19	Keatings Fitness -- Wilks Barre	Pennsylvania	Teen [18 - 19]	-245.0	-250.0	260.0	260.0	237.5	-240.0	-240.0	497.5	245.0	252.5	-260.0	750.0	431.9	1.0	
44	125.00	114.20	Matthew Clark	43	Fitness Shop -- Bradley Beach	Pennsylvania	Master [40 - 49]	285.0	295.0	305.0	305.0	220.0	230.0	-237.5	535.0	227.5	255.0	-262.5	790.0	461.4	1.0	
45	125.00	118.00	Domenick Fonio	47	Iron Sport Gym -- Glenolden	Pennsylvania	Master [40 - 49]	-227.5	-227.5	-227.5												
46	125.00	110.60	Melvin Cochran	66	YMCA -- Indiana	Pennsylvania	Master [60 - 69]	-137.5	137.5	142.5	142.5	-105.0	105.0	-107.5	247.5	165.0	175.0	-182.5	422.5	248.2	1.0	
47	125.00	117.20	Ray Ebner	45	Underground Gym -- Flourtown	Pennsylvania	Raw/Unequipped	250.0	265.5	-272.5	265.5	167.5	177.5	-182.5	443.0	250.0	267.5	Pass	710.5	410.8	1.0	
48	125.00	112.50	Brad Harris	32	Peak Fitness -- Ewing	Pennsylvania	Raw/Unequipped	192.5	205.0	217.5	217.5	137.5	150.0	155.0	372.5	215.0	230.0	240.0	612.5	358.1	2.0	
49	125.00	111.60	Kevin Mosley	25	Workout World -- Edison	New Jersey	Raw/Unequipped	142.5	182.5	-197.5	182.5	-112.5	125.0	-130.0	307.5	142.5	217.5	227.5	535.0	313.5	3.0	
50	125.00+	143.10	Dennis "Niko" Hulslander	38	Garage Ink -- New Freedom	Pennsylvania	Open	320.0	325.0	327.5	327.5	-277.5	277.5	-282.5	605.0	300.0	320.0	-322.5	925.0	515.2	1.0	
51	125.00+	133.80	Jim Weiss	47	Pure Focus -- Bricktown	Pennsylvania	Open	282.5	320.0	-342.5	320.0	165.0	-172.5	-172.5	485.0	272.5	297.5	-307.5	782.5	440.4	2.0	
52</																						



# USAPL Northeastern USA Regional Bench Press & Powerlifting Championships



Valley Forge Convention Center / King of Prussia, Pennsylvania

October 17 & 18, 2009

NR	WT.	BDW.	NAME	AGE	TRAINING CENTER	STATE	DIVISION	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wlil's	PL.
								1.	2.	3.	1.	2.	3.		1.	2.	3.			
1			<b>Women</b>																	
2	48.00	46.20	Kristi Polizzano	16	Brown's Gym -- Clarks Summit	Pennsylvania	Open				45.0	-52.5	-52.5	45.0				45.0	61.3	1.0
3			<b>Men</b>																	
4	52.00	51.80	Jay White	17	Montrose HS -- Montrose	Pennsylvania	Raw/Unequipped				60.0	70.0	-77.5	70.0				70.0	69.0	1.0
5	56.00	54.00	Tyler Whipple	16	Montrose HS -- Montrose	Pennsylvania	Open				102.5	112.5	120.0	120.0				120.0	113.3	1.0
6	56.00	54.00	Tyler Whipple	16	Montrose HS -- Montrose	Pennsylvania	Teen [16 - 17]				102.5	112.5	120.0	120.0				120.0	113.3	1.0
7	60.00	59.30	Tim Borgia	47	YMCA -- Erie	Pennsylvania	Open				112.5	-120.0	-120.0	112.5				112.5	97.0	1.0
8	60.00	59.70	Ryan Erfer	17	Radnor HS -- Radnor	Pennsylvania	Teen [16 - 17]				95.0	-102.5	-102.5	95.0				95.0	81.4	1.0
9	60.00	59.70	Ryan Erfer	17	Radnor HS -- Radnor	Pennsylvania	Varsity High School				95.0	-102.5	-102.5	95.0				95.0	81.4	1.0
10	60.00	59.70	Ryan Erfer	17	Radnor HS -- Radnor	Pennsylvania	Raw/Unequipped				95.0	-102.5	-102.5	95.0				95.0	81.4	1.0
11	60.00	59.30	John Olver	18	Montrose HS -- Montrose	Pennsylvania	Teen [18 - 19]				50.0	60.0	62.5	62.5				62.5	53.9	1.0
12	60.00	59.50	Victor Aybar	45	YMCA -- Manchester	Maryland	Master [40 - 44]				90.0	95.0	-100.0	95.0				95.0	81.6	1.0
13	67.50	66.80	Michael Santiago	36	Giant Fitness -- Clementon	New Jersey	Open				142.5	-152.5	-152.5	142.5				142.5	110.8	1.0
14	67.50	67.20	Corey Snow	16	Montrose HS -- Montrose	Pennsylvania	Teen [16 - 17]				80.0	90.0	-92.5	90.0				90.0	69.6	1.0
15	67.50	66.20	Robert Polizzano	50	Brown's Gym -- Clarks Summit	Pennsylvania	Master [50 - 59]				110.0	-120.0	-120.0	110.0				110.0	86.2	1.0
16	75.00	74.20	Mark Salandra	47	Hillsborough HS -- Hillsborough	New Jersey	Open				97.5	102.5	107.5	107.5				107.5	77.2	1.0
17	75.00	71.00	Nick DeAnne	17	Delsea HS -- Delsea	New Jersey	Teen [16 - 17]				117.5	130.0	132.5	132.5				132.5	98.2	1.0
18	75.00	71.60	Derek Stocker	18	Montrose HS -- Montrose	Pennsylvania	Teen [18 - 19]				80.0	90.0	97.5	97.5				97.5	71.8	1.0
19	75.00	74.20	Mark Salandra	47	Hillsborough HS -- Hillsborough	New Jersey	Master [40 - 49]				97.5	102.5	107.5	107.5				107.5	77.2	1.0
20	75.00	74.20	Mark Salandra	47	Hillsborough HS -- Hillsborough	New Jersey	Raw/Unequipped				97.5	102.5	107.5	107.5				107.5	77.2	1.0
21	82.50	82.10	Adam Mamola	31	Liberty University -- Lynchburg	Massachusetts	Open				-267.5	270.0	-272.5	270.0				270.0	184.4	1.0
22	82.50	81.80	David Macey	16	Montrose HS -- Montrose	Pennsylvania	Teen [16 - 17]				102.5	115.0	122.5	122.5				122.5	82.5	1.0
23	82.50	76.20	Alan Smith	60	YMCA -- Manahawkin	New Jersey	Master [60 - 69]				100.0	105.0	Pass	105.0				105.0	74.0	1.0
24	82.50	81.10	Ronald Hill	71	Gold's Gym -- Lewisburg	Pennsylvania	Master [70 - 79]				112.5	-125.0	-125.0	112.5				112.5	76.2	1.0
25	90.00	89.40	Pete Grohoski	39	YMCA -- Pottstown	Pennsylvania	Open				-232.5	-232.5	232.5	232.5				232.5	148.9	1.0
26	90.00	89.90	Ty Wagerle	33	Old School Fitness -- Exton	Pennsylvania	Open				170.0	177.5	-185.0	177.5				177.5	113.4	2.0
27	90.00	86.30	Adrian Ward	33	Old School Fitness -- Exton	Pennsylvania	Open				-185.0	-185.0	-185.0	177.5				177.5	113.4	2.0
28	90.00	89.80	Michael Stillitano	17	Players Edge Fitness -- Red Bank	New Jersey	Teen [16 - 17]				132.5	-142.5	-142.5	132.5				132.5	84.7	1.0
29	90.00	88.10	Jeffrey McDaniel	28	LA Fitness -- East Norritown	Pennsylvania	Raw/Unequipped				170.0	182.5	-192.5	182.5				182.5	117.8	1.0
30	90.00	85.50	Andrew Halko	31	Ewing Athletic Club -- Ewing	New Jersey	Raw/Unequipped				165.0	172.5	-182.5	172.5				172.5	113.2	2.0
31	90.00	88.20	Adam Wright	33	Doylestown Fitness - Doylestown	Pennsylvania	Raw/Unequipped				102.5	-125.0	135.0	135.0				135.0	87.1	3.0
32	100.00	91.60	Dennis Cieri	40	Fitness Factory -- Rockaway	New Jersey	Master [40 - 49]				272.5	-293.0	-293.0	272.5				272.5	172.4	1.0
33	100.00	94.30	Mike Williams	19	University of Delaware	New Jersey	Open				162.5	175.0	-180.0	175.0				175.0	109.2	1.0
34	100.00	96.90	Evan Aguilar	17	Jersey Shore Fit -- Bradley Beach	New Jersey	Teen [16 - 17]				152.5	-162.5	-162.5	152.5				152.5	94.0	1.0
35	100.00	94.30	Mike Williams	19	University of Delaware	New Jersey	Teen [18 - 19]				162.5	175.0	-180.0	175.0				175.0	109.2	1.0
36	100.00	97.10	Erick Aguilar	23	Jersey Shore Fit -- Bradley Beach	New Jersey	Junior [20 - 23]				162.5	-175.0	-175.0	162.5				162.5	100.1	1.0
37	100.00	94.30	Mike Williams	19	University of Delaware	New Jersey	Collegiate				162.5	175.0	-180.0	175.0				175.0	109.2	1.0
38	100.00	94.30	Mike Williams	19	University of Delaware	New Jersey	Raw/Unequipped				162.5	175.0	-180.0	175.0				175.0	109.2	1.0
39	100.00	99.90	Joe Hirsch	45	Retro Fitness -- Bethlehem	Pennsylvania	Master [40 - 49]				-195.0	-195.0	195.0	195.0				195.0	118.7	1.0
40	100.00	93.30	Warren Petrucci	60	Ocean Club -- Manahawkin	New Jersey	Master [60 - 69]				142.5	147.5	150.0	150.0				150.0	94.1	1.0
41	100.00	97.40	Anthony Contino	63	Iron Sport Gym -- Glenolden	Pennsylvania	Master [60 - 69]				-102.5	-102.5	102.5	102.5				102.5	63.1	2.0
42	110.00	106.10	Robert Eckhart	36	Garage Ink -- New Freedom	Pennsylvania	Open				-215.0	-215.0	215.0	215.0				215.0	128.0	1.0
43	110.00	107.30	John Franks	33	Gold's Gym -- Newburg	New York	Raw/Unequipped				200.0	205.0	207.5	207.5				207.5	123.1	1.0
44	110.00	100.70	Charles King	58	Underground Gym -- Flourtown	Pennsylvania	Paralympian				107.5	115.0	122.5	122.5				122.5	74.3	1.0
45	125.00	123.80	John Bogart	38	Muscles - N - Motion	New York	Open				320.0	-330.0	-330.0	320.0				320.0	182.7	1.0
46	125.00	124.10	Wayne Drosser	37	Iron Sport Gym -- Glenolden	Pennsylvania	Open				-215.0	227.5	240.0	240.0				240.0	137.0	2.0
47	125.00	115.10	Kevin Scott	38	World Gym -- NE Philadelphia	Pennsylvania	Open				175.0	-182.5	-182.5	175.0				175.0	101.7	3.0
48	125.00	119.10	Levi Perillo	19	Keatings Fitness -- Wilks Barre	Pennsylvania	Teen [18 - 19]				237.5	-240.0	-240.0	237.5				237.5	136.8	1.0
49	125.00	115.10	Kevin Scott	38	World Gym -- NE Philadelphia	Pennsylvania	Collegiate				175.0	-182.5	-182.5	175.0				175.0	101.7	1.0
50	125.00	119.70	Michael Traub	27	Red Cedar Gym -- Lewisburg	Pennsylvania	Raw/Unequipped				202.5	210.0	-220.0	210.0				210.0	120.8	1.0
51	125.00	119.60	Michael Briehler	25	Peak Fitness -- Ewing	New Jersey	Raw/Unequipped				190.0	200.0	-205.0	200.0				200.0	115.1	2.0
52	125.00+	136.50	Kevin Johnson	54	Muscles - N - Motion	New York	Master [50 - 59]				252.5	262.5	-272.5	262.5				262.5	147.3	1.0
53	125.00+	132.50	Bill Igoe	52	Peppers Athletic Club -- Scranton	Pennsylvania	Master [50 - 59]				-155.0	-165.0	-165.0	165.0				165.0	147.3	1.0
54			<b>Push/Pull</b>																	
55	110.00	100.70	Charles King	59	Underground Gym -- Flourtown	Pennsylvania	Paralympian				107.5	115.0	122.5	122.5	125.0	135.0	140.0	262.5	159.3	1.0
56			<b>Out</b>																	
57	75.00		James Whetherill	17	Montrose HS -- Montrose	Pennsylvania	Teen [16 - 17]													
58	75.00		Scott Rosen	18	Montrose HS -- Montrose	Pennsylvania	Teen [18 - 19]													

Meet Director: Robert Keller